FOR CHILDREN · TICK WHAT YOU DID

Ugadi and Gudi Padwa

A happy new year

Make

- [ ] Help tie fresh mango leaves over the front door.
- [ ] Draw a kolam or rangoli with a new-year flower.
- [ ] Write or draw one wish for the new year.

Taste

- [ ] Try a tiny bite of neem and jaggery: bitter and sweet, like the days of a year.
- [ ] Help make obbattu or puran poli.

Hear the story

- [ ] On Ugadi the world began anew. We taste six flavours to remember that every year brings a little of everything.

Help at home

- [ ] Touch the elders' feet and ask for their blessings.
- [ ] Sit quietly while the new year's calendar is read.

Draw your wish for the new year